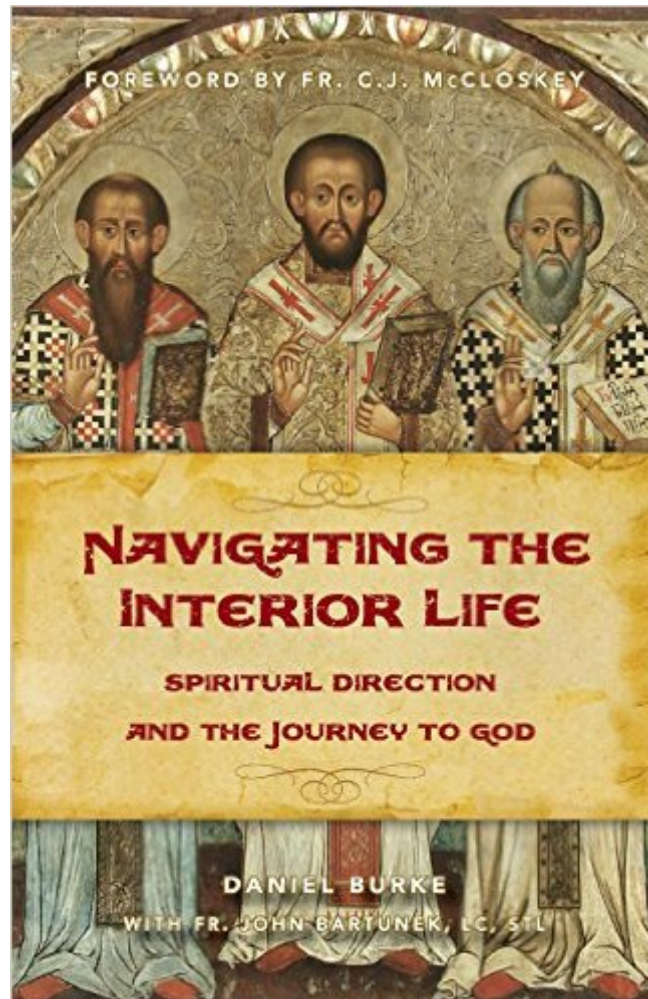


The book was found

Navigating The Interior Life: Spiritual Direction And The Journey To God



Synopsis

What is spiritual direction and my spiritual direction? What are my "blind spots" and how can I uncover them? What keeps me from all the spiritual riches Christ has for me? How can I better understand where I am in my spiritual progress? Daniel Burke's Navigating the Interior Life will give you the tools you need to understand how and why we grow and die in the spiritual life and what we can do about it.

Book Information

Paperback: 161 pages

Publisher: Emmaus Road Publishing; 10.2.2012 edition (November 1, 2012)

Language: English

ISBN-10: 1937155862

ISBN-13: 978-1937155865

Product Dimensions: 5.5 x 0.4 x 8.5 inches

Shipping Weight: 9.6 ounces (View shipping rates and policies)

Average Customer Review: 4.6 out of 5 stars [See all reviews](#) (89 customer reviews)

Best Sellers Rank: #82,534 in Books (See Top 100 in Books) #165 in [Books > Christian Books & Bibles > Christian Living > Faith](#) #668 in [Books > Christian Books & Bibles > Catholicism](#) #1223 in [Books > Christian Books & Bibles > Christian Denominations & Sects](#)

Customer Reviews

This book was provided to me by Emmaus Road in exchange for an honest review. I try to be fair and review books in the order I am sent them, but I have to admit that it was hard for me to wait for this book because the cover kept drawing me in. It was a real test of patience not moving this up in my queue. For those of you unfamiliar with Daniel Burke, he runs a website entitled Roman Catholic Spiritual Direction and also writes and is the Executive Director of National Catholic Register. The primary aim of this book is a call to holiness and drawing closer to God through spiritual direction. I would attempt to explain to you what spiritual direction is, but I would not do Mr. Burke justice. One should just know that people find this spiritual direction under a spiritual director, generally a religious but sometimes a lay person. The book stresses repeatedly that one should not attempt to be their own spiritual director. This book is intended to be read slowly, prayerfully, and if possible in front of the Blessed Sacrament. However, this is hard to do as a lot of the chapters are short and all of them leave you longing to read more. In this book, you will find advice on who to find as a spiritual director, questions to ask of your spiritual director, evaluation (to be done under spiritual guidance)

of your root sin and where you are at in your spiritual journey. These last two can be done by yourself on a superficial level, and if you are honest with yourself, the answer will probably humble you at how far away you are from God and how much closer you could be. Although this book is a Catholic book, it has a very Eastern Orthodox feel, not that that is a bad thing.

[Download to continue reading...](#)

Navigating the Interior Life: Spiritual Direction and the Journey to God
Spiritual Direction and the Care of Souls: A Guide to Christian Approaches and Practices
Como construir invernaderos y jardines de interior / How to Build Greenhouses and Interior Gardens (Bricolaje / Do It Yourself) (Spanish Edition)
kimonobana interior: The beauty of decorative kimono interior
Interior Design: How To Make Your Home Look Amazing - The Complete Beginners Guide To Decorating Your Home On A Budget! (Feng Shui, Interior Design Handbook)
Gobierna tu vida. Estrategias ancestrales para la vida moderna (El Viaje Interior/ the Interior Voyage) (Spanish Edition)
Pray Thy Kingdom Come: Effectively Praying the Powerful Kingdom of God into your life, from Heaven's Perspective (Prayer, Intercession, Kingdom of God, Spiritual Warfare, Effective Results)
Becoming: A Spiritual Guide for Navigating Adulthood
North Node Astrology: Rediscovering Your Life Direction and Soul Purpose
Numerology: Uncover Your Destiny with Numbers-Details about Your Character, Life Direction, Relationships, Finances, Motivations, and Talents!
Mudhouse Sabbath: An Invitation to a Life of Spiritual Discipline: An Invitation to a Life of Spiritual Disciplines (Pocket Classics)
Navigating Your Cancer Journey: A Handbook for Cancer Patients and Caregivers by an Oncology Nurse Navigator
Navigating the Tiber: How to Help Your Friends and Family Journey Toward the Catholic Faith
Shedding Light on the Cancer Journey: Navigating the Colon Cancer Maze
Diagnosis Dystonia: Navigating the Journey
Navigating the Eldercare Journey: ...Without Going Broke! (Volume 1)
A relation of the late intended settlement of the islands of St. Lucia and St. Vincent, in America: in right of the Duke of Montagu, and under His Grace's direction and orders, in the year 1722.
Learning MySQL and MariaDB: Heading in the Right Direction with MySQL and MariaDB
The Persecution and Assassination of Jean-Paul Marat As Performed by the Inmates of the Asylum of Charenton Under the Direction of The Marquis de Sade (or Marat Sade)
Narrowband Direction of Arrival Estimation for Antenna Arrays (Synthesis Lectures on Antennas)

[Dmca](#)